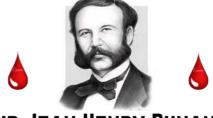


MAHARSHI DAYANAND UNIVERSITY ROHTAK

(A State University established under Haryana Act No. 25 of 1975)

(NAAC Accredited A+ Grade)





SIR JEAN HENRY DUNANT (8 May, 1828-30th October,1910)

FOUNDER OF YOUTH RED CROSS





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प्रोफेसर राजबीर सिंह कुलपति Prof. Rajbir Singh Vice-Chancellor

No. MDU: VC: 103 May 02, 2022

MESSAGE

It gives me immense pleasure to know that University Youth Red Cross is going to publish the Bulletin of Information and Progress Report for the session 2020-2021.

University Youth Red Cross is an important platform for University students to contribute towards societal and community services. Maharshi Dayanand University and its affiliated colleges are constantly striving towards achieving more and more benchmarks in the field of humanity and mankind. Youth Red Cross volunteers can work to spread health & hygiene awareness, disaster risk management awareness, blood donation campaigns, female feticide, Swachh Bharat Abhiyan, Beti-Bachao Beti-Padhao campaign, zero waste management, environment protection and many more. Yoga and health check-up camps are being frequently organized at regular intervals by University Youth Red Cross.

I wish that students of University Teaching Departments and affiliated colleges join Youth Red Cross Unit and contribute towards social, humanitarian causes and national development.

I convey my good wishes to MDU Youth Red Cross for the pursuit of humanitarian activities with greater enthusiasm and vigour.

Singh (RAJBIR SINGH)





UNIVERSITY YOUTH RED CROSS MAHARSHI DAYANAND UNIVERSITY ROHTAK

(A State University established under Haryana Act No. 25 of 1975) NAAC Accredited 'A⁺' Grade

Prof. Randeep Rana Program Co-ordinator

e-mail: mduyrcrohtak@gmail.com Phone (O): 01262-393156

> D.O. No. 1742 Dated : 02,5, 2022

From the Desk of The Co-Ordinator

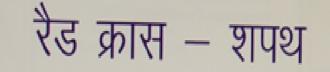
MD University Youth Red Cross is wholeheartedly devoted to the service of humanity epitomizing the dictum of the Red Cross (founded by Sir Jean Henry Dunant) "With humanity, towards peace".

This organization is heartily committed to motivate, register and train more and more students to become Volunteers throughout the MD University campus and Colleges/Institutions affiliated to it. Since its initiation in 2011, University Youth Red Cross has organised several activities constructive for the betterment of humanity at large. Recognizing and appreciating these activities, Haryana State Red Cross has conferred YRC, MDU with Youth Red Cross Overall Shield for excellent work for four consecutive sessions . 2016-17, 2017-18, 2018-19 and 2019-20 respectively. University Youth Red Cross organizes and conducts various awareness rallies/ workshops/training camps/seminars/talks/lectures on prevention of social evils like Drug Abuse, Smoking, Alcoholism, Cyber Crime, Female Foeticide, Dowry, Illiteracy, HIV/AIDS, and promotion of Cleanliness, Swachh Bharat Abhiyan, Beti-Bachao Beti-Padhao, Disaster Management and Rescue Operations, Health Awareness and Well-being, Road safety and Safe driving etc. Blood Donation and Health Check-up camps are organised all through the year, both at the University level and in the Villages adopted by the University. So as to motivate the Colleges and Institutions affiliated to MD University, the University Youth Red Cross awards Sir Jean Henry Dunant Trophy for conducting/organising Youth Red Cross activities for every academic session.

I feel elated to share with you all that with the active and rock-solid cooperation of all the affiliated Colleges/Institutions and other stakeholders, Youth Red Cross, MDU will strive to work progressively for the welfare of society by stimulating, cheering and training young Volunteers for Youth Red Cross activities thereby realising the motto of Youth Red Cross-'Health, Service and Friendship'.

(Prof. Randeep Rana) Programme Co-ordinator







मैं शपथ लेता हूँ कि मैं अपने और दूसरों के स्वास्थ्य की देखभाल करुंगा। बीमारों और मुसीबत में पड़े लोगों की सहायता करुंगा। खास कर बच्चों एवं वृद्धों की और दुनिया के सभी बच्चों एवं युवाओं को अपना दोस्त समझूंगा।



रैड क्रास प्रार्थना



धरती हरो निर्मल करो पीड़ा प्रभ हैं। जीवन करो उज्जवल नव ज्योति पर्व हैं।

दुखी जनों की सेवा हम करें। पद दलीतों को गले लगा लें। शान्ति पथ शान्ति पथ शान्ति पथ हैं। जीवन करो उज्जवल नव ज्योति पर्व हैं।

स्वास्थ्य अपने की रक्षा हम करें। सभी जनों को मित्र बना लें। सेवा करें सेवा करें सेवा धर्म है। जीवन करो उज्जवल नव ज्योति पर्व हैं।



Staff Associated with University Youth Red Cross Office

Sr. I	no. Name	Designation	Contact
No.			
1.	Prof. Randeep Rana	Programme Co-ordinator	8168452544
2.	Dr. Anju Dhiman	Y.R.C. Counsellor	
82959	51007		
3.	Dr. Ekta Narwal	Y.R.C. Counsellor	9468266661
4.	Dr. Kapil Malhotra	Y.R.C. Counsellor	
97293	33000		
5	Sh. Jitender kumar	Data Entry Operator	
829542	22688		
6.	Sh. Pat Ram	Peon	9050969499
FUNDAMENTAL PRINCIPLES OF RED CROSS			
ImpartialityImpartiality			
E	A state of the sta	bluntary Service	Universality



HEALTH - SERVICE - FRIENDSHIP

Office: Room No. 104, Mechanical Block, UIET Building, M.D. University, Rohtak Contact: 01262-393156, Email: mduyrcrohtak@gmail.com



Introduction

It is well-known fact that youth are the Pillars, backbone, and future leaders of the country. It is our moral responsibility to inculcate in them all the human values and social commitments so that they can uplift the status of our society. They are energetic, enthusiastic, and full of zeal. Many of them are arduous. This massive manpower can do wonders provided its enthusiasm is harnessed for the growth and development of society and humanity.

For this very purpose, the university Youth Red Cross was established during the academic year 2011-2012. The University Youth Red Cross unit plays a vital role in Colleges, University Teaching Departments, technical, engineering, and other educational institutions by involving youths in activities directed towards the service of mankind.

Youth Red Cross M.D.U, Rohtak has strengthened its overall capacity to educate youth about the working of the Red Cross, the importance of First-Aid training in daily life and sensitize youth about existing health problems, prevailing social evils, and environmental hazards. To attain a conducive environment for the healthy, virtuous, and intellectual growth of youth, extracurricular activities have been designed by Youth Red Cross. These activities develop the ideology of national character and thus help in building a healthy Nation.

The University Youth Red Cross conducts various programmes and activities like:

- Promotion of health and hygiene
- Training to youths for First Aid and Home Nursing
- National Integration
- World Friendliness
- Relief work during emergencies like floods, fire, earthquakes, and other natural/manmade calamities.
- Eradication of social evils such as Drug-addiction, HIV/AIDS awareness, Female Feticide, Dowry, Illiteracy etc.
- Protection of the environment to combat climate changes.
- Promotion of voluntary Blood Donation and Eye Donation movement. Keeping the above areas in view the Youth Red Cross of Colleges and Universities conducted several activities involving the Youth Red Cross Volunteers.

Moto of Youth Red Cross is HEALTH –SERVICE-FRIENDSHIP

Aims and Objectives of Youth Red Cross

The aims and objectives of the YRC based on the principle of health service and friendship shall be as follows: The broad objectives of the Youth Red Cross are the promotion of health, friendship, and brotherhood rendering service to humanity.

- i) To promote health and hygiene consciousness in the society
- ii) To inculcate healthy living habits
- iii) To motivate volunteers for blood and eye donation and organization of such camps
- iv) To promote activities of Youth Red Cross through camps for 5 or 7 days.
- v) To organize First-Aid Training Camps/ extension lectures on health and disaster management.



- vi) To undertake relief work during emergencies like floods, fire, earthquakes, and other natural calamities.
- vii) To launch an awareness campaign against drug abuse, polio, smoking, alcoholism etc.
- viii) To assist the Red Ribbon Club for awareness and prevention of HIV/AIDS
- ix) To enable physically challenged and economically weaker sections of the society for better adjustment in the society, and intensive growth.
- x) Any other issues related to the health and wellbeing of the students and community including group insurance of students (accidental injuries and fatalities).
- xi) All other activities as per the guidelines issued by the Haryana State Red Cross Society from time to time.
- xii) Imparting training to the volunteers for life skills and social skill development.
- xiii) Imparting training to the volunteers in rescue operations and managing disasters and natural or manmade calamities.

History of Youth Red Cross

The involvement and contribution of young people in the activities of the Red Cross have an interesting history. The genesis of their engagement originated in the province of Quebec, Canada in 1914, when school children first participated in the humanitarian work of the Red Cross work by making bandages, dressings, and other comforts for soldiers. The idea soon spread to other Canadian provinces. By 1915, this idea spread to Europe while in the United States, eleven million school children were engaged in similar activities.

During World War I, several countries encouraged young people to assist in Red Cross work. By 1918 formal youth sections were organized in Australia, Canada, Italy and the United States.

The creation of the League of Red Cross (now International Federation of the Red Cross and Red Crescent Societies) in 1919 increased the emphasis on peacetime activities of the Red Cross through the establishment of a coordination body for National Societies which to a great extent helped in the expansion of youth programmes throughout the world.

By 1921, youth sections had been created in eight countries: Bulgaria, Czechoslovakia, Hungary, New Zealand, Poland, Switzerland, the United Kingdom and Yugoslavia. The following year France, Japan, Romania and Sweden also established similar youth sections, bringing the total to at least 16 countries.

In 1922, the youth programme of the Red Cross was officially recognized and supported by Resolution No. XVIII was adopted by the General Council of the League of Red Cross Societies.

Expansion of Red Cross youth programmes to young people outside the schools or other than those attending educational institutions was embodied in one of the General Council resolutions XIX.

By 1935, 51 countries had sections focused on young people, with a total membership of 15 million with a 3-point programme bringing the motto "I serve".

Today, about 100 National Red Cross and Red Crescent Societies have sections dedicated to engaging young people and statistics show that as much as half of all Red Cross and Red Crescent volunteers in the world are young people.

The Indian Red Cross Society first engaged young people in its work in 1925 with the first unit set up in Punjab in 1926 soon followed by similar units in Delhi, Madhya Pradesh, Mumbai, and Uttar Pradesh.

According to the International Labour Organization report, about 40 per cent of the total Indian population is in the age group of 13-35 years. The Red Cross, through its junior and youth programmes, plays an important role in challenging and guiding this young energy in the cause of humanitarian action.



Active, Junior and Youth Red Cross groups offer branches a formidable strength both in times of emergency and times of preparedness. Ample opportunities must be given to young people to feel empowered to take humanitarian action, offering their strengths, energy ideas and innovation to our movement and to their communities.

Valuing the Role of Youth

Youth Red Cross programmes are an integral part of the strategic approach taken by the Indian Red Cross Society. We value the diverse and important roles, and that young people perform as innovators, Cross-cultural ambassadors, peer educators, community mobilises, and most importantly, agents of behavioural change and advocates for vulnerable people.

While working alongside older generations in a spirit of mutual respect, young people bring muchneeded ideas and skills. The promotion of knowledge transfer and growth, combined with the personal guidance that older, more experienced volunteers of the Red Cross can offer, is seen as a key approach to developing the future generation of leaders.

Our youth programmes help the Indian Red Cross Society to implement the fundamental principles of our movement through international humanitarian work, the protection of health and life, community service, promotion of national and international friendship and understanding by using the international links of the movement.

Annual Youth Red Cross Fee

The Youth Red Cross Fee shall be charged as Rs. 60/- annually from all the students of the University, including the affiliated colleges at the time of admission at the rates as may be approved by the Executive Council from time to time. 50% of the fee charged shall be retained by the college and the remaining 50% shall be remitted to the University along with registration returns to the students. Provided that 40% of the fee so collected shall be retained by the University and 60% of the same shall be remitted to the Indian Red Cross Society, Haryana State Branch, Chandigarh by the Programme Co-ordinator, Youth Red Cross.

Provided further that in respect of the students at the University Teaching Departments, 70% share of the fee shall be retained by the University and 30% shall be remitted to the Indian Red Cross Society Haryana State Branch, Chandigarh.

Composition of University Youth Red Cross Committee

There is Maharshi Dayanand University Youth Red Cross Committee here in after called as Youth Red Cross Unit for regulating its activities by the students and members of the staff of the constituent and affiliated colleges/ institutes within the territorial jurisdiction of the University. It shall be constituted in the following way:



2	Dean Student's Welfare	Member
3	Dean, College Development Council	Member
4	Registrar	Member
5	General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh	Member
6	Nominee of Higher Education Commissioner (In charge of Youth Red Cross)	Member
7	Director Youth Welfare	Member
8	Programme Coordinator (N.S.S.)	Member
9-11	Secretaries of Respective District Red Cross Branches and two other Red Cross Branches by rotation under the jurisdiction of the university	Members (3)
12-18	Zonal Conveners of the District Level Committee of Youth Red Cross to be nominated from amongst the Principals of the colleges in the District by the chairman	Members (7)
19-20	Two student nominees from the University Youth Red Cross Unit to be nominated by the Programme Coordinator of the University Youth Red Cross Unit, every year	Members (2)
21	Programme Co-ordinator (Y.R.C.) (to be nominated by the Vice-Chancellor)	Ex-officio Member Secretary

NOTE A). The Zonal Convener (s) will be responsible to implement policies and programmes of the Youth Red Cross in the district. The meeting would be convened by the Programme Co-ordinator of the Youth Red Cross Unit. The tenure of the members at Sr. No. 12 to 21 shall be two years and of Sr. No. 22 - 23, it shall be one year.

B). For YRC activities in the University Teaching Departments, two programme counsellors (Youth Red Cross Counsellors) shall be appointed by the Vice-Chancellor.

Utilization of Youth Red Cross Funds by the Universities



The Youth Red Cross funds may be utilized for the following purposes after approval of the Youth Red Cross Committee at the University Level:

- a) The number of YRC subscriptions will be spent on the approved objectives.
- b) Services to the youth of the University/ Colleges and the community i.e., payment of fees of deserving university college students, hospital welfare work, blood donation services community-based work to bring awareness on HIV/ AIDS, Bird Flu, Malaria/ Dengue, T.B. Drug de-addiction, nutrition, safe drinking water, plantation of trees and so on.
- c) Promotion of inter-state and international fellowship of youth.
- d) Promotion of health and sanitation of the students and community, including group insurance of students.
- e) Promotion of training in First Aid, Home Nursing, road safety, and providing safe water.
- f) Services for the handicapped, adopt institutions/ communities, schools etc.
- g) Services during drought/ flood, emergency, earthquake, any other natural calamities, eclipse by universities trained youths.
- h) 7 days camps with a minimum of 50 and a maximum of 150 participants (or as per suitability). A team of a minimum of 5 youths (girls and boys) and one counsellor (Lecturer) from each college of the respective district be detailed to participate. For every participant, the college will pay Rs. 500/- per participant as registration fee as college share out of 50% share of Youth Red Cross fund which remains with the college will be incurred. During the camp, subjects like Women Empowerment Blood Donation, Eye and Kidney Donation, Organ Donation (Transplants), Energy Conservation and awareness about problems of old age and ailments like Hypertension, Strokes, Cancer, Diabetes and Social Security issues, HIV/AIDS, Hepatitis B &C, Seasonal Infections, T.B. and Bird Flu, Disaster Preparedness, Female Feticide and Drug De-addiction will be taken up.
- i) To impart First Aid and Home Nursing training to the University and College students. A minimum of 14 hours of training (2 hours daily) for 7 days is compulsory. The expenditure will be met out from YRC Fund.
- j.) To organize Inter-University, University level, inter-college; inter-class competitions in First Aid and Home Nursing.
- k.) To establish First Aid Posts on the occasion of public gatherings i.e. sports meets, functions, festivals etc.
- 1.) Formation of St. John Ambulance Brigade Divisions and preparation of uniforms and accessories for the Brigade Officers and Members.
- m.)Purchase of First Aid Boxes and maintenance of First Aid rooms in all college/departments equipped with stretchers, blankets, bedsheets, beds, pillows, furniture etc. for the first aid room.
- n.) T.A./D.A. of the YRC Programme Coordinator and volunteers for attending the seminars, workshops, camps, St. John Ambulance State Competitions, the establishment of first aid posts during occasions mentioned at (k) above and all other activities related to Youth Red Cross/St. John will be met out from YRC Fund.
- o.) Maintenance of records, including accounts, stationery, proceedings of meetings of YRC, maintenance of YRC registrar, details of volunteers etc.
- p.) Postage of correspondence of YRC.
- q.) Honorarium to YRC Programme Coordinators and other (s) appointed by the Executive Committee at University Level.
- r.) Refreshment to officers/ volunteers during the events related to Youth Red Cross (YRC) and St. John Ambulance.



- s.) Organization of Youth Red Cross Camps i.e. Inter-University, University Level, Inter-District, District Level, College Level for a minimum of 7 days.
- t.) To purchase equipment for training etc. and the competitions of YRC and St. John.
- u.) To organize Voluntary Blood Donation Camps (including refreshment).
- v.) To arrange awareness campaigns on voluntary blood donation, social evils, eye donation, organ donations, female feticide, drug de-addiction, child labour, woman empowerment etc.
- w.) To provide assistance to the disaster victims.
- x.) To purchase print literature related to, Youth Red Cross, St. John etc.
- y.) To create a reserve of a suitable amount to meet any emergent situation/ contingency.

Executive Committee at College Level

There shall be an Executive Committee of Youth Red Cross at the college level to promote the Red Cross activities in college. The committee may meet quarterly to allocate, sanction, funds for approved activities and review/promote activities of the unit. Vacancies, if any, caused due to resignation or otherwise may be filled by the Principal.

For each unit (50 YRC volunteers), there would be an Executive Committee consisting of the following members:

i)	Principal of the College	Chairman
ii)	Faculty Member	Member
iii)	N.C.C. Office	Member
iv)	N.S.S. Officer	Member
v)	Secretary of respective District Red Cross Branch.	Member
vi)	President/Secretary, Red Ribbon Club	Member
vii)	Incharge Women Cell	Member
viii)	Counsellor Incharge Youth Red Cross	Secretary Co-ordinator

Youth Red Cross Unit

There shall be a Youth Red Cross Unit in the college/institution to promote the Red Cross activities in the college/institutions. The unit will comprise a counsellor/In-charge of the Youth Red Cross, students at the college. The unit will work under the direction of a counsellor of Youth Red Cross nominated by the Principal of the College/Institution. The Principal of the College /Training Institutions will be the Chairman of the Youth Red Cross unit and the counsellor will work in Incharge of the unit. The counsellor so appointed should have the aptitude and experience of working in the field of youth welfare. The number of the members of unit shall be a minimum of 50; however, the size of the unit can be determined by the Executive Committee according to the strength of the students. In-charge of the unit will further nominate the President, Secretary and



Cashier of the unit amongst the students with the permission of the Executive Committee. The unit will pass the resolution for organizing various Red Cross activities and placed it before the Executive Committee through the in-charge/counsellor of the unit for approval. A counsellor will be paid Rs. 400/- p.m. as Honorarium from the Y.R.C. fund of the respective college.



Objectives of Youth Red Cross in Colleges/Institutions

- a. To widen the coverage of the schemes by establishing Youth Red Cross Units in all colleges.
- **b.** To involve students (boys & girls) of the colleges in the movement of Youth Red Cross units by enrolling them as members of YRC on payment of yearly subscription.
- **c.** The scheme of YRC units will be introduced in all the colleges/institutions of Haryana State (including private/technical/engineering colleges).
- **d.** The amount of YRC subscription will be spent on the approved objectives mentioned in the scheme and guidelines.
- e. Services to the youth of the college and the community i.e. payment of fees of deserving college students, hospital welfare work, blood donation services, population education, community work, HIV/AIDS, Birds Flu, Malaria/Dengue, T.B., Drug De-addiction, Nutrition, Safe drinking water, Plantation of trees etc.
- f. Promotion of Inter-State and International fellowship of youths.
- g. Promotion of health and sanitation of the members of groups and community.
- h. Services for the handicapped, adopt institutions/communities, schools etc.
- **i.** Services during drought/flood emergency, earthquake, any other natural calamities, eclipse by using trained youths.

5 days (preferably day camp) be organised by the Secretary, District Red Cross Branch at district level with the minimum number of participants 50 and maximum will be 150. A team of a minimum of 5 youth (girls & boys) & one counsellor (lecturer) from each college of the respective district be invited to participate. For every participant, the college will pay Rs. 350/- as registration fee out of 50% Youth Red Cross Fund which remains with the college. During the camp, subjects like women empowerment, environment protection, eye & kidney donation, organ donation (transplants), energy-saving and awareness about problems of old age, ailments like hypertension, strokes, cancer, diabetes and social security issues, HIV/AIDS, hepatitis B & C, current seasonal infections, T.B. & bird flu, disaster preparedness, female foeticide & drug de-addiction. The other activities may be in votive training in life and social skills etc. The expenditure of the camp may be met out of Youth Red Cross Fund, 50% of which remains with the college.

Utilisation Of 50% Red Cross Fund which remains with the Colleges

Fifty per cent (50%) of the total income in this fund (Youth Red Cross Fund) will remain in the colleges/ institutions affiliated with the respective Universities for the welfare of students. Youth Red Cross Fund may be utilized by them on the following heads:

1. Executive committee of the YRC of the respective college is competent to spend a maximum of 50% out of the Youth Red Cross Fund retained with the college/UTD for the welfare of the students after passing the resolution of the Youth Red Cross Sub-Committee of their respective college.

1. First aid & home nursing training should be given to the students at universities and colleges by the trained lecturers and district training officers of the respective district. The principal of the college will arrange the training by contacting the Secretary, of the District Red Cross Branch of the concerned district.

2. Payment of entry fee/registration fee to be given out of this fund for participants going to attend camps organized by District Red Cross. University Youth Red Cross and other such distributions.

3. Printing and distribution of Red Cross and Youth Red Cross literature, books etc.



4. Youth Red Cross Camps/ meetings/ seminars for the youths & counsellors (Professors) within the state or outside the state.

5. Purchase of First Aid boxes and their maintenance.

6. Payment of fee cost of books clothes and necessary amenities to poor and deserving students.

7. Medicines and food etc. for sick and poor students at the college.

8. To provide relief material in any disaster, earthquake, fire, flood etc.

9. Expenditure for providing safe drinking water.

10. All the colleges may purchase the items available in the stores of Haryana Red Cross, Chandigarh.

11. Fifty per cent (50%) amount of the YRC Fund may be kept as a reserve in the fund to meet any emergent situation/ contingency.

The fund of YRC will be deposited in a scheduled bank and the account will be operated by the Principal and Youth Red Cross Counsellor of the College and Chairman and Counsellor of the Executive Committee jointly in the University Teaching Departments/Colleges.

Bank Account in Colleges/ Institutions

The annual membership subscription may be taken from the students at the time of admission. The money realized may be deposited in any of the scheduled Banks under a separate account in the name of "Youth Red Cross" of the college /institution. The accounts shall be operated jointly by the Chairman of the unit (Principal of the college) and the Counsellor/In charge of the unit.

Audit of Youth Red Cross Fund

In Haryana State, Youth Red Cross sub-committee meeting held on 9th Nov. 2010, it was resolved by the house that a yearly audit of the Youth Red Cross Fund is mandatory, and the maximum audit fee should be Rs. 2,000/- per year for Universities and Colleges/ Institutions for audit of Youth Red Cross Society.

Note: Indian Red Cross Society Haryana State Branch issues guidelines from time to time. If there is any query about type guidelines, you may contact or write to the Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Sectort-16A, Madhya Marg, Chandigarh.



Red Cross Emblem

The Red Cross on a white background was the original protection symbol declared at the 1864 Geneva Convention. The idea to introduce a uniform and neutral protection symbol as well as its specific design originally came from Dr. Louis Appia and General Henn Dufour, the founding of the international committee. The Red Cross is defined as a protection symbol in Article 7 of the 1864 Geneva 38 of the 1949 Geneva Convention ("For the Amelioration of the Condition of the Wounded and Sick in Armed Forces in the Field"). There is an unofficial agreement within the Red Cross and



Red Crescent Movement that the shape of the cross should be a cross composed of five squares. However, regardless of the shape, any Red Cross on white background should be valid and must be recognized as a protection symbol in conflict. Out of the 186 national societies which are currently recognized by the ICRC, 152 are using the Red

Cross as their official organization emblem. In addition, the Red Cross is currently used by the national society of Tuvalu which has applied for official recognition.

As per Geneva Convention, only four recognized emblems are to be used to emote the following :(1) Military Chaplains (2) For the care of injured and sick armed forces members (3) Armed forces medical, (4) International Red Cross Crescent organization

Relation to the Flag of Switzerland

According to the ICRC the emblem adopted was formed by reversing the colours of the Swiss Flag. However, according to jurist and Red Cross historian Pierre Bossier, no clear evidence of this origin has been found; the concept of the design was chosen to compliment the country in which the convention at which it was adopted was held, was promoted later to counter the objections of Turkey that the flag was a Christian symbol. This was enshrined in the 1906 revision of the Convention.



REPORT OF ACTIVITIES CONDUCTED BY YOUTH RED CROSS, MAHARSHI DAYANAND UNIVERSITY ROHTAK FROM 01.08.2019 TO 31.07.2020

1. Meeting of University Youth Red Cross Committee M.D. University Rohtak on 19.07.2021

A meeting of the Youth Red Cross Committee M.D. University Rohtak was held on 19.07.2021 under the Chairmanship of Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, University Youth Red Cross, M.D.U Rohtak in the conference hall of Vice-Chancellor's office, Professor Randeep Rana, Programme Co-ordinator, Youth Red Cross, MDU, Rohtak welcomed the Chairman and other members. The Programme Co-ordinator read out a brief progress report of activities for the year 2019-20, which was appreciated by the House, in addition to this income and expenditure for the year 2019-20. The tentative Budget, Activity Calendar for the year 2020-21, and other resolutions were passed in the meeting. The meeting was attended by members including District Convenors and Secretaries of District Red Cross Societies online and offline.



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2. Plantation Drive in the campus on 12-08-2020

M.D University Youth Red Cross in collaboration with the University Engineering/ Horticulture department organized a plantation drive in the Campus on 12-08-2020. Prof. Rajbir Singh Vice-Chancellor, M.D.U. Rohtak was the Chief Guest. A total of 30 saplings were planted near the Arts faculty Building. The Chief Guest appreciated the efforts of Youth Red cross volunteers for this drive and said that growing more and more trees is the need of the hour as these help in protecting the environment. Around 20 YRC volunteers and University Staff from UTD participated in this noble activity and the covid protocol was duly followed. Prof. Randeep Rana, YRC Program Coordinator, Sh. J.S. Dahiya, Sh. Baljeet Singh, SDO, Horticulture welcomed the Guests. Dr. Anju



Dhiman, Dr. Ekta Narwal, and Dr. Kapil Malhotra, YRC Counsellors were present and helped in organizing this event.







3. Distribution of Hand Sanitizers

200 liters of Hand Sanitizers (400 bottles of 500 ml each) were purchased by University Youth Red Cross from Sceptre Medical India Pvt. Ltd. Ashok Vihar, New Delhi during the covid pandemic. These hand sanitizers were issued to all University Teaching and Non-University Departments including girls' and boys' hostels at MDU campus.

4. Distribution of Face Masks

During the covid pandemic, approximately five hundred face masks were provided to teaching and non-teaching employees at MDU campus by University Youth Red Cross.

5. Awareness of Hand Sanitization and Mask Usage

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The awareness campaign was carried out during the lockdown period about hand & health hygiene including the usage of the mask to laborers residing and working at Maharshi Dayanand University Campus. The counsellors of the youth red cross-unit, Dr. Anju Dhiman, Dr. Rajkumar Duhan and Dr. Ekta Narwal contributed to this awareness campaign under the direction of the Programme Coordinator, Prof. Randeep Rana.



6. Free Ambulance Service during the Lockdown Period

An efficient ambulance service for the people at the university campus free of cost was provided in case of emergency by the University Youth Red Cross. Different university teaching departments and hostels at the campus were facilitated and provided 24 hr free ambulance service.

7. Appreciation Certificates to Youth Red Cross Volunteers

Appreciation certificates were provided to the following University Youth Red Cross Volunteers for their societal contribution during a covid pandemic:

a. Mohd. Shakir: Received 'Corona Fighter Award-2020' by Yuva Shakti Sangathan, Gurugram on 06-07-2020 for active contribution during Covid. He worked with Govt. of Haryana under Labour Department, Haryana for the registration of migrant workers during the Covid-19 Pandemic. He actively worked during the COVID pandemic through social media and framing COVID awareness videos.



- b. Ms. Neha: Received Corona Yodha Samman by Maharaj Agrasen Vikas Trust, Rohtak on 17.10.2020 for her active contribution during COVID pandemic. She donated her prize money earned since childhood, to the Corona relief fund.
- c. Mr. Pankaj: He arranged oxygen cylinders/ concentrators for many patients during Covid-19. He also provided food to migrant laborers during the Covid pandemic and actively contributed for a social cause.
- d. Mr. Paras Kadian: He has been a motivated blood donor, especially during Corona Pandemic, and contributed in several ways to society's welfare during a pandemic.
- e. Mr. Sonu: He has been an active blood donor during the Covid-19 Pandemic. He provided food to migrant laborers during the Covid-19 Pandemic and contributed to the social service during the Covid-19 pandemic.

8. Appreciation Certificate to Youth Red Cross Counselor

Dr. Kapil Malhotra, Counselor, Youth Red Cross received an appreciation certificate from District Administration, Rohtak for the active contribution to social service during Covid-19 on 15th August 2020. He also received another appreciation certificate from District Administration, Rohtak for his societal contribution during the Covid-19 pandemic on 26th January 2021. He has also been an active blood donor during the Covid-19 Pandemic.



9. Covid Vaccination Drive at University Health Centre, MDU

Covid vaccination camps were organized several times intermittently during the session 2020-2021 for both teaching and non-teaching employees and their family members and 100% vaccination was ensured by carrying out a vaccination awareness campaign on the campus by the Youth Red Cross Unit of MDU. Youth Red Cross Volunteers took part in the vaccination awareness programs in the villages nearby the Rohtak district.





10. Environment Conservation Program

During the inauguration ceremony of Type 1A flats on the M. D. University campus, a tree plantation drive was organized on 29 June 2020, in which an environment conservation message was given by Prof. Rajbir Singh, Worthy Vice Chancellor-cum-Chairperson of University Youth Red Cross. Prof. Randeep Rana, Programme coordinator, and YRC volunteers and counselors were present in this drive.



11. International Yoga Day Celebration

On 21st June 2021, International Yoga Day was celebrated at Tagore Auditorium, in which Prof. Rajbir Singh, Vice-Chancellor, MDU was invited as Chief Guest. Director, Centre for Yogic Studies, Dean Youth Welfare, Dean Students' Welfare, NSS Co-ordinator, Program officers, Youth Red Cross Coordinator, counsellors, faculty from different departments and student volunteers actively participated in this program.



12. Sanitization Program in various Offices at MDU Campus

University Youth Red Cross provided free sensitization services to various administrative offices, university teaching departments, and hostels at MDU campus wherever needed. The sanitization Program was active throughout the year during the lockdown period of the covid pandemic.



13. Coordination with the Medical Team for RT-PCR Testing

University Youth Red Cross, MDU played an important role as a facilitator of medical services, during the lockdown in the covid pandemic. YRC team coordinated and worked hard to facilitate the medical services to the laborers residing at the campus and supervised their health during the pandemic period to control the spread of covid.

14. Participation in Blood Donation by YRC Volunteers on 6th September 2021

Many YRC volunteers actively participated in blood donation campaigns throughout the Covid pandemic and donated blood at PGIMS, Rohtak.





15. Distribution of meal to migrant workers by YRC Volunteers during Covid-19

All the volunteers of the Youth Red Cross Unit of MDU acted as frontline workers and helped the needy people during the covid pandemic. They worked day and night for the social cause and distributed food/meals to the migrant worker. They also worked with Govt. of Haryana under the Labour Department, Haryana for providing their volunteer services to migrant workers.





16. Distribution of food at Hospitals



Youth Red Cross volunteers from MDU took social welfare responsibility during the Covid pandemic and distributed food to the patients at hospitals situated in their native places and nearby villages. During this lockdown period, large crowd of patients was served with food by YRC volunteers.



17. Awareness Drive regarding Social Distancing in Hospitals during Covid pandemic

Youth Red Cross Volunteers of MDU took the responsibility to spread awareness about social distancing in various places including hospitals of Haryana District including distribution of food products to the needy patients.

18. Sanitization Services in Hospitals & Public Places by Youth Red Cross Volunteers

YRC volunteers played an active role in taking care of cleanliness in hospitals and helped the hospital staff in maintaining hygiene to prevent the covid outbreak in their district hospitals. They also provided free sanitization services at various public places like stadium etc.



19. Distribution of Raw Food Materials to Migrant Workers

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In association with Yuva Shakti Sangathan at Gurugram, Youth Red Cross volunteers helped the people by providing them raw food materials as a part of their valuable service during lockdown period.



20. Active participation of Youth Red Cross Volunteers in Blood Donation during the Covid Pandemic

Youth Red Cross volunteers actively donated blood for the welfare of society during the covid pandemic. They also motivated many people for blood donation in hospitals situated at their places at the time of lockdown when the hospitals were overcrowded with covid positive cases.



21. Contribution of YRC volunteers of MDU in organizing Blood Donation Camps during Covid pandemic



Mr. Pankaj Sharma gave his voluntarily services in minimum of hundred blood donation camps organized at various places of Haryana District, during the covid pandemic. He was awarded for this contribution by 'Hum aur AAP' Social Welfare Society of Rohtak.



22. Distribution of food to the patients and their guardians at Emergency ward, PGIMS Rohtak

During Covid Pandemic, Youth Red Cross volunteers of MDU provided food services to the corona positive patients and their family members who came for their treatment at Emergency ward, PGIMS Rohtak from different places.





23. Celebration of World Blood Donor Day

On the occasion of World Blood Donors Day on 14th June 2021, many YRC volunteers came forward for the blood donation in the camp organized by Indian Red Cross Society, District branch, Rohtak. They motivated many others to participate in this noble cause.





24. Appreciation Certificate to YRC Volunteer for Selfless and Humane Approach for Mankind

Mr. Pankaj Sharma, Youth Red Cross Volunteer of MDU, received Corona Fighter Award 2020 from Yuva Shakti Sangathan of Gurugram District for providing selfless and humanitarian services

to mankind concentrators



Covid pandemic and actively contributed for social welfare during lockdown period.

25. Arrangement of Blood for Covid positive cases



Youth Red Cross Volunteers selflessly donated blood several times whenever required and feasible. They also arranged the demanded blood groups in PGIMS, Rohtak including private hospitals during the pandemic by communicating with the registered donors of Haryana State Red Cross.









REPORT OF YOUTH RED CROSS ACTIVITES CONDUCTED IN AFFILIATED COLLEGES/INSTITUTIONS DURING THE SESSION 2020-21

1. Name of College Name of Principal Name of the YRC, Counsellor : Aggarwal College Ballabgarh : Dr. Krishan Kant : Sh. Jay Pal Singh, Mr. Subhash & Mr. Lovekesh

- 1. Organized Tree Plantation Programme in the college on 25.07.2020
- 2. International Youth Day was celebrated on 12.08.2020. Poster Making and Mask Designing/Painting Competitions were organized on the theme "Youth Engagement for Global Action".
- **3.** World AIDS Day was celebrated on 01.12.2020. Mr. Pankaj Nagar and Mrs. Renu, Counselors from Civil Hospital, Ballabgarh delivered talks on HIV/AIDS. Human Chain was also made on Red Ribbon Logo.
- 4. 05 Day First Aid & Home Nursing Camp was organized from 01.12.2020 to 05.12.2020 with District Red Cross Society Faridabad & St. John Ambulance Association Faridabad. 50 volunteers attended the training camp. Dr. M.P. Singh was the Chief Trainer in coordination with Sh. Rattan Singh Azad, First Aid Lecturer.
- 5. National Youth Day was celebrated on 12.01.2021. Sh. Ganga Shankar Mishra, Deputy General Manager (R&D) Retired, Indian Oil Corporation Limited Faridabad was the Chief Guest.
- 6. Poster Makin, Tree Decoration and Balloon Painting Competition were organized on 16.01.2021.
- 7. HIV/AIDS Testing camp was organized in the college with Civil Hospital Ballabgarh on 25.01.2021.
- 8. Woolen Jersey was distributed on 02.02.2021.
- **9.** 49 Volunteers participated in the Pulse Polio programme under ESI Hospital, Sector-8, Faridabad from 31.01.2021 to 02.02.2021.



- 10. Organized talk on 'Education and Atamnirbhar Bharat' on 09.02.2021.
- 11. Health talk was organized on the Topic: Lifestyle and Disease Prevention on 08.03.2021.
- **12.** 18 YRC volunteers visited the adopted village Chandawali, on 16.03.2021 and performed a door-to-door awareness campaign about precautions to be adopted against COVID-19.
- **13.** 20 YRC volunteers visited the adopted village Chandawali on April 01, 2021 and carried out an awareness Rally against COVID-19.
- 14. National Webinar was organized on 'Role of YRC volunteers during COVID-19' on World Red Cross Day is celebrated on 08.05.2021.
- 15. National webinar was organized on World No. Tobacco Day 31.05.2021.
- **16.** Organized Lecture on "Basic First Aid for Medical Emergencies" organized under St. John Ambulance Brigade of the college on 29.06.2021.

2.	Name of College	: Vaish Mahila Mahavidyalya, Rohtak
	Name of Principal	: Dr. Krishan Kant
	Name of the YRC, Counsellor	: Dr. Rashmi Gupta, Dr. Shaveta Gupta

- **1.** On the occasion of World Cancer Day (4.02.2021) a Poster Making Competition was organized in which 12 students participated.
- On 7th March 2021 an extension lecture was organized on topic (Covid-19) Eminent Doctor Dr. K.N.Garg, speaker gave important knowledge about covid – 19 and its remedies.
- **3.** On the occasion of World Red Cross Day i.e. on 8th May 2021 an online get-together / Meeting was organized with volunteers in which the procedure of registration for vaccination was told to them with the demo.
- **4.** 5 Volunteers participated in 5 days Youth Red Cross Camp organized by G.C.W. Rohtak. One student of our college got the best volunteer award.
- 5. From 15th June to 21st June 2021 an online Yoga Camp was organized in which Mrs. Komal Hooda Yoga Instructor (Morarji Desai Institute) trained the participant. 100 students and staff members participated in this camp.

3. Name of College
Name of Principal
Name of the YRC Counsellor: SH. L.N. HINDU COLLEGE ROHTAK
Dr. Rashmi Chhabra
: Dr. Rajesh Gahlawat

- 1. Organized a tree plantation drive in college on 15.08.2020.
- 2. Organized Ist Blood Donation Camp on the occasion of Dr. Mangal Sein Hayanti on 27.10.2020.
- **3.** Organized 2nd Blood Donation Camp on the occasion of Shahedi Diwas of Bhagat Singh on 23.03.2021.
- **4.** 07 YRC Volunteers participated in 06 days District level YRC camp at GCW, Rohtak from 05.04.2021 to 10.04.2021.
- 5. Organized pledge ceremony for social distance in Covid period on 17.04.2021.



- 6. Organized two pulse polio drop booth at Rohtak on pulse polio drop day-2021 on 03.01.2021.
- 7. Celebrated Republic Day in the College on 26.01.2021.
- **8.** 09 YRC volunteers and 06 staff members participated in Road Safety Awareness Seminar at PT. NRS College, Rohtak on 18.03.2021.
- 9. Organized 07 days District level YRC Camp in the College from 22.02.2021 to 28.02.2021.
- **10.** Organized Webinar on World Red Cross Day-2021 on the topic of infection, prevention & Control in the fight against Covid-19 by Dr. Vikalp Bhatia, PGIMS, Rohtak on 08.05.2021.
- 11. Organized pledge-Taking Ceremony on "World No Tobacco Day-2021" on 31.01.2021.
- 12. Organized One Day Health Check-up Camp at VPO Lahli, Rohtak on 31.01.2021.
- **13.** Organized National level online poster making and slogan writing contest from 31.05.2021 to 05.06.2021. The total No. of participants was 355 from 08 states.
- **14.** Organized National Webinar on "World Environment Day-2021" on 05.06.2021. The total No. of participants was 356 from 08 States.
- **15.** Organized One Week National level online Yoga Workshop on the occasion of "International Yoga Day" from 14.06.2021 to 20.06.2021. The total No. of participants was 355 from seven states.
- **16.** Organized one day Covid Vaccination Camp in the College on 21.06.2021. The total No. of beneficiaries was 253.
- **17.** Organized free food distribution Abhiyam in Lockdown at PGIMS, Rohtak on 16.05.2021. The total no. of food packets was 170.
- **18.** Organized thermal Scarring Abhiyan and distribution of Mask and sanitizer in Shsatri Nagar, Rohtak on 29.05.2021. The total no. of beneficiaries was 200.
- **19.** Appreciation Certificate by District Red Cross Society, Rohtak to Mr. Rajesh Gahlawat, YRC counsellor on 21.03.2021 for contribution in Organizing various blood donation camps.
- 4. Name of College Name of the YRC Counsellor

: Govt. P.G. College Jhajjar : Dr. Preti Rani, Dr. Sunil Kumar

- 1. Organized Blood donation camp on 30.12.2020.
- 2. Organized Programme HIV AIDS on 08.04.2021.
- 5. Name of College
Name of the YRC Counsellor: Sir Chhotu Ram Govt. College For Women
: Dr. Pritam Sheoran, Mrs. Monika
- 1. Clothes Donation Drive was organized by the YRC Unit on 23.12.2020
- 2. Road Safety Weak was organized by YRC Volunteer from 11.01.2021 to 17.01.2021
- 3. Blood Checking Camp was organized on the college premises on 05.02.2021.
- 4. Online Poster Making and Slogan Writing Competition was organized during the lockdown period on 08.05.2021.
- 6. Name of College
Name of Principal
Name of the YRC Counsellor: S.D.S. Govt. College Kharkhoda(Sonipat)
: Dr. Kiran Saroha
: Dr. Jagbir Singh
- 1. Online Quiz competition on World Health Day 07/04/2021.
- 2. Slogan Writing Competition 8.2.2021.
- **3.** Essay writing Competition World Red Cross Day 08.05.2021.

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7. Name of College Name of Principal Name of the YRC Counsellor I.P. College For Woman Jhajjar

- Dr. Bala Dhankhar
- : Dr. Savita
- 1. Health Check-up camp was organized by the College on 19.12.2020
- 2. Online Participation
- **3.** (a). State Level Competition on National Youth Day organized by YRC Unit Vaish Arya Kanya Mahavidhalya, Bahadurgarh Jhajjar 12.06.2021
- **4.** (b). National level Webinar on Importance of Panchkarma in human life organized by YRC unit Vaish Arya Kanya Mahavidhalya.
 - a. One-dayday YRC Blood Donation camp was organized on 23.03.2021 at village Jondhi.
 - b. Online Participation: National Level Webinar on post Covid-19: Complications and recommendation organized by Youth Red Cross at Gaur Brahman College, Rohtak on 24.05.2021.
- **5.** Online Participation: National Level Webinar on the Occasion of World No Tabacco Day organized by Youth Red Cross Cell on 31.05.2021.
- **6.** Covid-19 vaccination Centre & Testing Programme organized by District Jhajjar Administration, Jhajjar on 28.06.2021 at Sanvad Bhawan in which five students participated.
- 7. Online Participation: "Workshop on Psychosocial support for Covid Pandemic Condition" (Covid helper's skills for students (community) held on 29.06.2021 at Vaish Arya Kanya Shikshan Mahila Mahavidhalya, Bahadurgarh.

8.	Name of College	: Gaur Brahman Degree College Rohtak	
	Name of Principal	: Dr. Jai Pal Sharma	
	Name of the YRC Counsellor	: Dr. kapil Kaushik, Mr. Tarun Vats, Mrs.	
		Manju Devi, Mrs. Manisha Kaushik	

- **1.** On 11 August 2020, a tree plantation program was carried out by the Youth Red Cross Cell on the martyrdom day of great freedom fighter Khudi Ram Bose.
- 2. Celebration of National Eye Donation camp from 25.08.2020 to 08.09.2020.
- **3.** Observance of Ozone Layer and Vishwkarma Day on 17.09.2020.
- 4. Extension Lecture on World Aids Day on 01.12.2020.
- 5. International Day of Persons with Disabilities on 03.12.2020.
- 6. Death Anniversary of Sardar Vallabh Bhai Patel on 15.12.2020.
- 7. Awareness Rally on World Cancer Day on 04.02.2021.
- 8. Award to Gaur Brahman Degree College for Blood Donation Service on 21.03.2021.
- 9. Extension Lecture on World Water Day on 22.03.2021.
- **10.** Observance of World Health Day on 07.04.2021.
- **11.** Organization of Free Health Check Camp on 11.04.2021.
- **12.** Organization of Free Vaccination Camp for above 45 years was arranged by YRC cell on 12.04.2021.
- **13.** National Webinar on Post Covid-19: Complications and Recommendations was organized on 24.05.2021.
- 14. National Webinar on World No- Tobacco Day on 31.07.2021.
- **15.** Blood Donor Day was observed on 16.06.2021.
- **16.** Organisation of free Vaccination Camp for 18+ has been carried out in college campus on 15.07.2021.



9. Name of College Name of Principal Name of the YRC Counsellor

- : Chhotu Ram Arya College, Sonipat
- : Dr. Narender Khatri
- : Dr. Vijay Kiran 02 Dr. Usha Dahiya
- 1. Organised a Covid-19 vaccination awareness rally on 23.12.2020.
- 2. Organised intercollege competition of video making on date 16.01.2021.
- **3.** Organised Youth cycle rally on 18.01.2021.
- 4. Organized National Level online contests of poster making @ slogan writing on Covid-19 on world red cross day i.e., 11.05.2021.
- 5. Organised a Covid-19 vaccination awareness rally.
- 6. Organised a Covid-19 vaccination camp in college on date 25-26 june 2021.

10. Name of College Name of Convener Name of the YRC Counsellor

- : Saini Co. Edu. College, Rohtak
- : Dr. Bhim singh pawar
- : Miss Tina saini
- 1. Road safety and traffic rules awareness prog. On 02.02.2020.
- **2.** HIV-AIDS awareness generation prog. On 19.02.2020.
- 3. Village outreach prog. On 15.11.2020.
- 4. First-Aid post organization on 07.02.2021.
- 5. Covid prevention and safety management prog. On 07.04.2021.

11. Name of College
Name of Principal: K.L.MehtaDayanand College for Women, Faridabad
:Dr.VandanaMohla

- 1. On Independence Day, a face painting competition was organized. Volunteers painted their faces and sent their photographs.
- 2. YRC volunteers made video presentations of patriotic songs.
- **3.** National Nutrition week was celebrated from September 1- 7, 2021. The digital poster competition was organised. Topics for posters were-
 - (a) Nutrition, Immunity, and COVID
 - (b) Lifestyle diseases and Nutrition
- **4.** Slogan writing competition was also organised during National Nutrition week. The topic for the competition was 'Good Nutrition for Healthy Nation'.
- **5.** To create awareness during the COVID-19 lockdown, our volunteers made various videos on mask-making methods, hand washing techniques, and sanitization, etc., and spread those videos through social media.
- **6.** Our volunteers made masks and distributed to needy persons near their homes. They also spread awareness regarding the need and correct way of sanitization.
- **7.** Our YRC volunteers attended a webinar 'Saaf Hawa aur Nagrik (SHAN)' by Lung Care foundation on 7/9/2020. They learned steps to enhance clean air and how they can help the community to lead the fight against air pollution.



- 8. On Global Handwashing Day (15th October), the importance and correct way of handwashing was explained to the class IV employees of the college. Thirty employees were given a kit containing 4 handwashing soaps, one handwashing liquid soap, a hand sanitizer and 5 re-usable face masks.
- **9.** To celebrate World AIDS Day, a virtual lecture was organized. Dr Shveta Arya gave a lecture on the Introduction, causes, mode of transmission, diagnostic tests and treatment of AIDS.
- **10.** To celebrate World Cancer Day, a PowerPoint Presentation competition was organised. The theme of the competition was 'Prevention of Cancer'. Students had to make PowerPoint presentations and present them.
- **11.** A poster-making competition was organised to celebrate Road Safety month (18th Jan. to 17th Feb., 2021). The topic of the competition was Road Safety.
- **12.** Ms Ankita Sukhwal, CSR Executive, Unicharm India gave virtual training on menstrual hygiene to training to YRC volunteers on 3rd April 2021.
- **13.** To celebrate World Red Cross Day, a workshop on "Psycho Emotional Well Being" was organised. In the workshop, Mrs Gurpal Gaba (Counselling Psychologist) boosted the Psycho-emotional well-being of student volunteers.
- **14.** A national-level slogan writing competition was organised on the topic- "The Global Pandemic-COVID-19" on 15th May, 2021.
- **15.** On the occasion of World, No Tobacco Day, YRC volunteers took pledge to make their environment tobacco-free and will also motivate their acquaintances and families not to take any tobacco product.
- **16.** A national-level video-making competition was organised to celebrate World no Tobacco Day. Topic of the competition was 'Say No to Tobacco'. Cash prizes were given to the winners.
- **17.** To celebrate World Environment Day, a Poem Writing competition was organised at the college level. Theme of the competition was 'Environment'.
- **18.** To mark the occasion World Blood Donors Day, a Lecture & was given by Mr. B.B. Kathuria (Former Secretary, District Red Cross Society, Faridabad). He described in detail the procedure and advantages of blood donation.
- **19.** To celebrate International Yoga Day, three days student exchange programme (21-23 June, 2021) was organized in collaboration of the spiritual Clubs of the college and DAV Centenary College, Faridabad. The Theme of the programme was 'Yoga for Immunity and Wellness'.
- **20.** On 23rd June 2021, a quiz was organised. The theme of the quiz was 'Yoga for Immunity and Wellness Quiz'.
- **21.** On Doctors' Day, our YRC volunteers showed their gratitude to Doctors and Nurses by making posters and writing messages. They sent pictures of posters and themselves holding placards in their hands. They also made collages from these pictures.
- **22.** YRC volunteers also made a video presentation on 1st July 2021, to thank doctors for their selfless service and sacrifice.

12. Name of College	: Vaish Arya Kanya Mahavidyalaya
Name of Convener	: Dr. Rajwanti Sharma
Name of the YRC Counsellor	: Dr. Shalu Sharma

1. Organization of Tree Plantation by YRC volunteers in tree plantation drive from 03.08.2022 to 15.08.2022.

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- 2. Teacher's day is celebrated by YRC volunteers by making a short video on 5th September 2020.
- **3.** On National Voluntary Blood Donation Day slogan and poster-making competition on 1st October 2020.
- 4. Oath Taking by Teacher's with Principal Dr. Rajwanti Sharma for social distancing and mask-wearing and hand wash during COVID-19 Campaign reg on 12th October 2020.
- 5. Spread Awareness regarding COVID-19 and Voluntary services at Tikri Border in Kishan Anandolan from 1st December 2020 to 26 January 2021.
- 6. Poetry and Declamation contest on road safety on 06th February 2021.
- 7. Blood donation camp on 14th February 2021.
- 8. National webinar organized on personal hygiene resource person 01 Mr. Rohit Sharma, 02 Mr. Sanjeev Dhiman and Dr. Sonia vashist on 21 February,2021.
- 9. Celebrated Happy cool day through Tree plantation on 01st April 2021.
- **10.** On World Health Day Blood donation and free health check-up camp has been organized on 07th April 2021.
- **11.** Workshop organized regarding HIV/Aids resource person- 01 Mrs. Mamta and Mrs. Shashi from Civil Hospital, Bahadurgarh on 09th April 2021.
- **12.** World Red Cross Day celebrated, and National level competition has been organized on 08th May 2021.
- 13. Nursing Day is celebrated through slogan writing and poster making on 12th May 2021.
- 14. Webinar Organized for paying tribute to the departed soul during COVID-19 on Environment Day on 05th June 2021.
- **15.** Drug Abuse and Illicit trafficking week has been celebrated from 26 June 2021 to 02 July 2021.
- 16. Prepared short video regarding bad effects of drug and taking Oath on 29th June 2021
- 17. Organized virtual google meet regarding drug abuse and illicit trafficking.

13. Name of College	:Tika Ram Girls college Sonepat
Name of Convener	: Dr. Rajwanti Sharma
Name of the YRC Counsellor	: Dr. Shalu Sharma

- **1.** From 13/Jan/2021 to 17 /Jan/2020 attended 5 days YRC Training Camp at DCRUST University at Murthal.
- 2. On 26th /Jan/ 2020 YRC volunteers participated in the flag Hoisting Programme.
- **3.** On 27th/Jan/2020 a lecture was organized on the topic of HIV/AIDS and a Rangoli Competition also organized.
- **4.** On 6 Feb, 2020, YRC volunteers participated in a one-day training awareness Programme (HIV/AIDS.
- **5.** On Feb 2020, YRC volunteers distributed albendazole tablets to the college students on the occasion of National Deworming Day.
- 6. On 17 Feb to 18 Feb 2020, YRC volunteers Participated in a state level workshop organized by Indian Red Cross Society at GVM Girls College, Sonepat.
- 7. On 22.2.2020, A free Sugar, HB, and Cholesterol check-up camp was organized.
- **8.** On 23.01.2021, A lecture was organized by red cross cell to spread the awareness among students on the topic of HIV/AIDS.
- **9.** On 29.01.2021 YRC volunteers distributed sanitary pads to the college students and spread the awareness about girls' health and Hygiene.



(Dr. Anju Dhiman) Programme Co-ordinator

Tentative Calendar of Activities 2021-22 (From 1st August 2021 to 31 July 2022)

S. No.	Activity		
1.	August, 2021	 Creating awareness about Youth Red Cross and motivating students for joining Youth Red Cross Enrolments of Youth Red Cross Volunteers in all the Colleges/Institutions and UTD for the year 2021-22 Nomination of Youth Red Cross Counsellors in the Colleges and MDU Campus 	
4.	September, 2021	 Constitution of Y.R.C Committee for the year 2021-22 Celebration of International Peace Day on 21.09.2021 at MDU Campus Poster competition on Environment Heath Day 25.09.21 Webinar in 'Indian Sign Language' on 28.09.21 	
5.	October, 2021	 Swacchata Abhiyan on 01.10.2021 Shramdaan Utsav on 02.10.2021 (Aazadi ka Amritmahotsav) University Level Webinar on Disaster Management Workshop for Principals, YRC Counsellors and Volunteers of UTD and Colleges affiliated with MDU Rohtak on 29.10.21 Awareness program on Symptoms, precautions, and management of Dengue disease 	
5.	November, 2021		



		PSYCHO-SOCIO problems to redress the Personal and Professional Problems of Students and Staff of UTD and Local Colleges and
6.	December, 2021	 motivation for covid vaccination 1. Celebration of World AIDS Day (1st December) at MDU Campus for YRC Volunteers of UTD & Local Colleges affiliated with MDU
		 Rohtak 2. Poster making event on "International Day of People with Different Ability" (3rd December) at MDU Campus
		 Lecture on "Use and abuse of Social Media" on Anti-corruption day dated 9th December
		4. Competitive event (poster making) on "National Energy Conservation Day" (14.12.2021) on the theme: <i>Energy Efficient India</i> for all UTD Youth Cross Volunteers
		5. Eye Check Up Camp for Girls at Mini Health Centre, Girls Hostel Complex, MDU on 20.12.21
		6. Eye Check-Up Camp for all UTD Students/Youth Cross Volunteers/ Teaching & Non-Teaching Employees at YRC office, MDU on 27.12.21
		 7. Creating awareness about Youth Red Cross and its activities among newly admitted/registered students
		 Annual Meeting of Youth Red Cross for the session 2021-22
7.	January, 2022	1. Celebration of Rastriya Yuva Diwas (12 th January) at MDU Campus
	,, , ,	 Orientation course for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
		3. District level meetings of Y.R.C Counsellors and Principals organised by District Convenors and as per past practice each District Convenor must adopt one village for health awareness/health screening for the residents of the village
		4. First-Aid Training Camp at MDU Campus for Volunteers of UTD and Local Colleges
		5. Blood Donation Camp for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
		 Activity/Programme on Polythene Free MDU Campus through YRC Volunteers of UTD and Local Colleges
		7. Tree Plantation Drive at MDU Campus
		 One day workshop on "Women Security and Self-Defence" and Beti Bachao Beti Padhao for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak on <i>National Girl Child Day</i> (24th January)
		 9. "Anti-Drug" and "Say No to Alcohol" Campaign at MDU Campus for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
		 10. 7 days Health Awareness/Training Camp for Boys & Girls at MDU Campus for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
		11. One-week training program on Indian Sign Language for counsellors
8.	February, 2022	1. 7 Days All India Inter-University Health Awareness/Training camp



		(with the collaboration of Haryana State Red Cross) for YRC counsellors and volunteers	
		 Workshop on Stress Management at MDU Campus for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak 	
		3. Tree Plantation Drive at MDU Campus	
		4. One-week training program on Indian Sign Language for volunteers	
		5. 7-day First Aid Training Camp for Counsellors	
		6. 9-day Health Awareness Camps for Boys of UTD and Colleges	
		affiliated with MDU Rohtak (Outside Haryana)9-day Health Awareness for Girls of UTD and Colleges affiliated with	
		MDU Rohtak (Outside Haryana) outside Haryana	
		8. 7 days Health Awareness/Training camp for Boys & Girls of UTD and	
		Local Colleges at MDU Campus Rohtak	
9.	March, 2022	1. Traffic rule/ Road safety awareness workshop/rally for YRC Volunteers	
		and Counsellors of UTD and Local Colleges	
		2. 7 days Health Awareness Camp/ First Aid Training Camp at MDU	
		Campus for Boys & Girls of UTD and Local Colleges	
		3. One Day University level Health Check-up camp for girls and female staff members at Mini Health Centre, M.D.U, Rohtak	
		4. One Day University level Health check-up camp for boys and male staff	
		members at Activity Centre M.D.U, Rohtak	
		5. Blood/Organ Donation Camp at MDU Campus	
		6. Celebration of National Vaccination Day (16 th March)	
		7. Celebration of World Water Day (22^{nd} March) by organizing a	
		Workshop on Water Conservation/जल ही जीवन है for YRC Volunteers	
		and Students of UTD and local Colleges affiliated with MDU Rohtak	
8.	April, 20222	 Celebration of World Health Day (7th April) at MDU Campus First-Aid Training camp at MDU Campus for YRC Volunteers of UTD 	
		and Local Colleges	
		3. Counselling session for the redress of personal and professional	
		problems of students and staff members of UTD and Local Colleges	
		4. Blood Donation camp at MDU Campus	
9.	May, 2022	1. Celebration of Red Cross Day (8th May) by Youth Red Cross MDU	
		Rohtak at MDU Campus or at any College affiliated with MDU Rohtak	
		2. Workshop / Seminar on World Asthma Day (5 th May)	
		 Tree Plantation Drive at MDU Campus Workshop / Seminar on Anti-Tobacco Day (31st May) 	
10.	June, 2022	1. 7 Days YRC Health Awareness/Training Camp for Boys and Girls of	
101	•••••••	UTD & Local Colleges at M.D.U Campus	
		2. International Blood Donors Day (14th June) at MDU Campus for YRC	
		Volunteers of UTD and Colleges affiliated with MDU Rohtak	
		3. Celebration of International Yoga Day (21 st June)	
		4. Celebration of National Anti-Drug Addiction Day (26 th June) at MDU	
		Campus 5. 9 Days Health Awareness Camp for Boys for YRC Volunteers of UTD	
		and Colleges affiliated with MDU Rohtak (Outside Haryana)	
		6. 9 Days Health Awareness Camp for Girls for YRC Volunteers of UTD	
[40]			



and Colleges affiliated with MDU Rohtak (Outside Haryana)

Note:

- A. Blood donation camp will be organized from time to time as per the requirement of the Blood Bank and the availability of Donors.
- **B.** Other activities will be done as per requirement and directions of Vice-Chancellorcum-Chairman, University Youth Red Cross Committee, M.D.U Rohtak.
- C. The date of activities and venue are liable to be changed as per availability of place and convenience, with the permission of Vice- Chancellor-cum-Chairman, University Youth Red Cross.
- D. This Calendar of Activity is for session 2021-22 and is subject to the approval of YRC Committee.



Programme Co-ordi

MAHARSHI DAYANAND UNIVERSITY ROHTAK UNIVERSITY YOUTH RED CROSS COMMITTEE (Room NO. 104, Mechanical Block, UIET Building Contact: 01262-393156, Email:*uyrc@mduroh*

Enrolment Form for (University/College YRC Volunteers) for the Session 2021-22

1.	Name of the Student	:	
2.	Father Name	:	
3.	Male/Female	:	
4.	Age	:	
5.	Date of Birth	:	
6.	Blood Group	:	
7.	Roll Number		
8.	Class	:	
9.	Department	:	
10.	Correspondence Address	:	
		:	
11.	Mobile No.	:	
12.	Previous Service of Youth Red Cross	:	
	If yes give details	:	
[41]			



13. Were you a member of Y.R.C	:	
last year, if yes give details	:	
14. Hobbies	:	
15. Which Social Service you will prefer	:	
16. Email Address	:	

(Signature) Y.R.C. Volunteers

Recommended by HOD



MAHARSHI DAYANAND UNIVERSITY ROHTAK UNIVERSITY YOUTH RED CROSS COMMITTEE

(Room NO. 104, Mechanical Block, UIET Building) Contact: 01262-393156, Email: *mduyrcrohtak@gmail.com*

Enrolment Form for (YRC Volunteers) for Colleges/Institutions for the Session 2021-22

1.	Name of the Student	:
2.	Father's Name	:
3.	Male/Female	:
4.	Age	:
5.	Date of Birth	:
6.	Blood Group	:
7.	Roll No.	:
8.	Class	:
9.	Department	:
10.	Correspondence Address	:
		:
11.	Mobile No.	:
12.	Previous Service of Youth Red Cross If yes give details	:
		[42]





13. Were you a member of Y.R.C.	:
Last Year, if yes give details	
14. Hobbies	:
15. Which Social Service you will prefer	:
16. Email Address	:

201 21101 / 1001 200

(Signature) Y.R.C Volunteers

Recommended by Principal

(Signature) Counsellor Youth Red Cross

> UNIVERSITY YOUTH RED CROSS MAHARSHI DAYANAND UNIVERSITY ROHTAK (A state University established under Haryana Act NO. 25 of 1975) NAAC Accredited 'A+' Grade Room No.104, Mechanical Block, UIET, Building Contact No. 01262-393156 Email: mduyrcrohtak@gmail.com



APPLICATION FORM FOR CAMP

(Fill up in Block Letters)

1.	Name of the Camp/Course			Affix yo	ur latest
	Date of the Camp/Courset			passport	
	Name of the Applicant			photograp	
4.	Father's Name Mother's Name			attested Principal/	by
	Dept./College/Institution			In	st.
	Class& Roll No,				
	Date of BirthAge				
8.	Address for Correspondence				
9.	Telephone Number /Mobile Number Permanent Home Address Telephone Number/Mobile Number				
10					
11	. Details of Previous Camps/Courses/Acti	vity attended:			
	Name of the Camp/Course/Activity	Dates	Place		
		[43]			



```	ny Special Qualification /Training/Hobbies/Experience/Relating to Youth Red Cross
a) b)	
c)	

a)_	
b)	
c)	

Signature of Applicant

#### **RISK CERTIFICATE**

I hereby solemnly declare that the above particulars are correct to the best of my knowledge and belief and that if I am selected, I shall strictly abide/ adhere by the Rules and Regulations of the Camp /Course and shell be a disciplined member of the Camp/Course failing which, I will be liable of expulsion.

I also declare that if I am selected, I shall attend the Camp/Course at my own risk and neither I nor my parents/ guardian will claim any compensation in case of illness/mishap/ injury /accident of any kind affecting me.

I shall be wholly responsible for any dispute/police case if happened due to my carelessness /irresponsible activity at site.

Place

Date

Signature of the Applicant

It is certified that I agree to details my Son/Daughter Mr/Ms

for the camp/course /training /activity /for which he/she has applied. In case of any illness /injury/mishap /accident of any kind affecting my son/daughter, I will not claim any compensation and will not hold the Host Institute/Youth Red Cross M.D. University, Rohtak or its staff wholly or partially responsible for the same.

Date____

Signature of the Father/Guardian

#### **RECOMMENDATION OF THE HEAD / PRINCIPAL OF THE DEPARTMENT/COLLEGE/INSTITUTION**

I hereby certify that the applicant Mr/Mrs.



of Class <u>Roll No.</u> of my Dep./College/Institution is recommended as being the most suitable student for the said camp/course /activity. The student has been found fit after medical examination Medical Certificate is enclosed to join/undergo the said camp activity at his/her own risk and that no compensation will be payable in case of any illness /mishap /injury /accident of any kind.

Signature of Y.R.C. Counsellors concerned College/Institution

Signature of the Head/Principal With Office Seal





#### MAHARSHI DAYANAND UNIVERSITY YOUTH RED CROSS

## **Application form for Merit Certificate**

(To be filled in by the Y.RC. Volunteers)

University Y.R.C Merit Certificate for the Year_____ Name of the Recommending College/Deptt._____ Name of The student (As per Academic Certificate)_____ Class/Roll Number______ Father Name (as per academic certificate)______

## ACHIEVEMENT AND PARTICIPATION IN Y.R.C. ACTIVITES

## 1. FIRSTAID-TRAINING

A-Certificate no.

B- Place of Training camp

C-Date of Training camp

# 2. Participation in camps

A - Camp organized by _____

B - Date of Camp

C - Place of Camp

# **3.** Participation in two international /National day / Week Celebrated by University /College concerned

Name of Event	Date of Event	Place	Remarks
2			

#### 4. Details of Voluntary Service Rendered

Sr.No	Name of Event	Date	Place	Under supervision
•				
1.				
2.				

[46]



3.		
4.		
5.		

#### 5. Blood Donation

#### A, Blood Donor

#### **B. Blood Donor Motivator**

Date of Donation	Registration	Place of	Place of	No. of Donor	Period of Motivated
	No.	Donation	Motivation	Motivated	
1					
2					
3					

If the above facts found incorrect/false, I shall be responsible for the same.

#### Signature of Y.R.C Volunteers

The above candidate has been considered by the College level Y.R.C. Committee Meeting held on 17.08.2019 and approved to recommend for the **Award of University Y.R.C. Merit Certificate** for the aforesaid session. The facts submitted by the Volunteers are true and correct as per record.

# Signature of The Principal of the Institution with seal

#### Y.R.C Counsellor with seal



# Criteria for Youth Red Cross Merit Certificate

#### **1. FIRST AID TRAINING**

The volunteer should be trained in First Aid having Sr. First Aid valid certificate.

#### 2. Participating in following Camps

A. District Level Youth Red Cross Training Camp

B. State level Youth Red Cross Training Camp.

C. University Level Youth Red Cross Training Camp.

D. National Level Youth Red Cross Training Camp.

Out of above 4 camps, participation in 2 camps is mandatory

# 3. Participation in the international/National Days & Week and the programmes celebrate by the University / Colleges concerned. Participation in celebration of two important days is mandatory.

#### 4.Voluntary Services

A. Voluntary services during any disasters /calamity by setting an example of helping /saving lives.

- B. Duty on First Aid post. Established during festivals, Rallies, Sports Meets etc.As trained First Aider to help the sick and wounded.
- C. University /College /Institution constituted under Y.R.C. At present no Brigade Division is established at University and College Level.
- D. Voluntary Blood Donor and voluntary blood donation motivator, who has voluntarily donated blood at least two times during last two years duration.
- E. He/ She can deliver lecture of various subjects a per principles of Red Cross.
- F. Participation and performance during awareness rally/ rallies on Environment/tree plantation and other social issues during the year as per Youth Red Cross Guidelines.

G. University and College may add any other activities as is deem fit as per objectives of Red Cross.

# Items No. 4 (A to G) Youth may participate any of the three programme among which the condition suggested under point No. 4(d) should be preferred.



## PROFORMA FOR ANNUAL REPORT OF YOUTH RED CROSS

1st August, 2021 to 31st July, 2022

1.	Name of the University/College/Institution	
2.	No. of Registered Counsellors	
3.	No. of Students on roll	
4.	Activities organized in the University/College/Institution	
	(Please attach a separate sheet mentioning each	
	activity in detail)	
5.	Number of poor & needy students helped out of Red	
	Cross fund.	
	i) University / College / Institution	
	ii) No. of student given clothes	
	iii) No. of Students given books.	
	iv) No. of Students given medicines	
6.	Income during the year by collecting Red Cross	
	subscription	
7.	Expenditure during the year on Welfare of students and	
	other activities	
8.	No. of Youth Camps attended by Students	
9.	No. of blood donation camps organized and no. of	
	donor donated blood	
10	Community project (Attach brief reports)	
11	Youth Red Cross budget approved by the Executive	
•	Committee or University / College (Details of budget	
	may be given)	
12	How much Red Cross fund fee is charged from each	
	student	
13	Balance amount in Red Cross fun d on previous	
	financial year	
14	Audit of Youth Re3d Cross fund. Attach Audit Report of	
	financial year	
15	Details of deposits amount.	
·	Name of Bank	
	Saving Account/Current Account	
16	Any other information	
•	(Please use extra sheet if required)	

#### Signature & Seal of Principal

Note: The Annual & Audit Report should be submitted to the University concerned by the colleges/Institutions and University will further submit the reports along with the annual Youth Red Cross subscription to the office of Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh.



Youth Red Cross

Minimum Qualifying Marks: 40

Maximum Marks: 90

#### A. Essential Conditions to consider the College/ Institution for Trophy

- 1. Constitution of College Level YRC Committee.
- 2. Nomination of YRC Counsellor
- 3. Enrolment of YRC Volunteers
- 4. Opening of Separate YRC bank account/ maintain separate accounts in ledger (for 2019-20)

#### B. Activity Bases:

S. No.	Activity	Maximum Marks
1	Organisation of 05/07 days District Level Health Awareness/Training Camp (05 marks for each camp)	10
2	Organisation of 05/07 days First Aid Training Camp (05 Marks for each camp)	10
3	Participation in National/State /District/University Level Camp (05 marks for each participation)	10
4	Workshop/Activities attended by YRC Volunteers organized by MDU Rohtak (02 mark for each participation of 5 volunteers and the counsellor)	10
5	AwarenessWorkshop/Camp/Activitiesorganizedbycollege on the theme related to YRC(02 marks for each)	10
6	Celebration of National/International Days by college on the theme related to YRC (02 marks for each)	10
7	Blood Donation Camps (05 marks for each Camp)	10
9	Health Check-up camp organised by the college (04 15 marks for one camp, 04 for the follow up or second camp in college campus and 07 marks for the camp organised in the village adopted)	
10	Proper Annual report with photos and documentary evidence/proof	5



90

Note: In case of more than one College/Institute scoring equal marks, the trophy will be awarded for that session to each one.



# STATE YOUTH RED CROSS AWARDS

The Criteria for Youth Red Cross Awards is as under:			
Category	Criteria for Awards		
1. For Universities (Institutional Awards)	<ul><li>a. First Aid Training in the Universities should be minimum of 10% of the total strength of students of University campus.</li><li>b. Minimum one, one day Youth Red Cross seminar and camp to be organized for the strength of 50 students.</li></ul>		
Vice-Chancellor or his/her nominee will receive award in AGM	<ul> <li>c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 50 donors</li> <li>d. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.</li> <li>e. Celebration of important days &amp; weeks (14th June Blood donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Day</li> <li>f. Awareness rally/rallies on Environment/Tree Plantation during the year Youth Red Cross share should be cleared by 28th February of every year by the Universities for the same financial year.</li> </ul>		
2. Individual Award for Programme Co-ordinator, Youth Red Cross of the University	This individual award will be given to those Programme Co-ordinators, Youth Red Cross of the Universities, whose university will be selected for the institutional awards on the basis of their outstanding performance		
3. For Colleges/Institutions (Institutional Awards)	<ul> <li>a. First Aid and Home Nursing Training in the Colleges should be minimum of 10% of total students in the college</li> <li>b. Minimum one, one day Youth Red Cross seminar and camp with minimum 50 students</li> </ul>		
Principal of the College will receive award in AGM	<ul> <li>c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 25 donors</li> <li>d. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.</li> <li>e. Celebration of important days &amp; weeks (14th June Blood Donors Day, 1stOctober All India Voluntary Blood Donation Day, 1stDecember, World AIDS Day</li> <li>f. Awareness rally/rallies on Environment/Tree Plantation during the year.</li> </ul>		
4.Counsellor's Award (Individual Award for the Counsellors of Youth Red Cross at Universities and Colleges)	The Counsellor awards will be given to those Counsellor who's University/College will be selected for the Institutional awards on the basis of their outstanding performance.		



